

## Recital Handbook

Recital will be held at:  
 Apex Friendship High School  
 June 17 & 18



### Costumes

- ★ Try **everything on**, if there is a major fit issue that you can not handle yourself, we will gladly handle all alterations for you. Please bring your child and your costume back during the designated time and our alterations person will decide what options are available.
- ★ Cut out any tag that will show or potentially hang out of costume.
- ★ Label all parts, including shoes, with your child's name, a sharpie on an inside seam usually works well unless the costume is shear.
- ★ Don't iron, if tutus are wrinkled, fluff and hang upside down.
- ★ If costume is too "itchy" - try lining with same color felt pieces (usually gluing to inside of costume works well).
- ★ If your costume straps aren't attached yet, sew them in the back after going straight over the shoulder like a bra strap. Don't cross unless told to do so. Wait until after picture week to permanently affix anything.
- ★ If your costume has fringe: gently pull out lower thread connecting the bottom edge of fringe.
- ★ Hang them up away from pets and small children. Please don't allow small children to play dress-up until after the recital.
- ★ For the recital, no jewelry, no fingernail polish, **no underwear under tights**, remove any stickers from shoes, no fake tattoos, Band-Aids should be clear. (Stud earrings are okay.)
- ★ If your costume has glovelettes with finger loops- loop should go on middle finger.
- ★ Any pant, Capri, or sleeve length (that is not a sewed hem) may be cut to length. If pants are for a tap dance, measure with shoes on. Err on the side of too long ;).

### Unless your class is told differently:

- ★ Most single hair pieces should be worn on their upper right side of the bun or ponytail.

### SHOES

- ★ All Tap classes should have black shoes
- ★ All Ballet classes should have pink leather ballet shoes
- ★ All Jazz classes should have black lace up or pull on jazz shoes
- ★ Hip hop classes under 5<sup>th</sup> grade should have high top silver sparkle shoes and 5<sup>th</sup> grade and above should have black sparkle combat boots. These must be purchased through the studio.
- ★ All Contemporary classes should have either Dance Paws or FootUndeez in nude to match the dancer's foot. \*It's okay to wear fun colors in class but for the recital, they must be nude.

## Hair Instructions

\*All Hip Hop classes can wear their hair however they wish, unless they have another class and don't want to change it for Hip Hop.

### **High Curly Ponytail**

(All classes 5<sup>th</sup> grade and younger):

A ponytail at the crown of head made up of lots of ringlet curls

What you will need:

Gel, a comb, bobby pins (optional), hair elastic, mousse, curlers, hair spray

What to do:

Hair should be dry. Apply gel generously to all hair, paying special attention to the wispies (if she has them). Bangs are okay on little ones, as long as they are out of her eyes. Comb hair into a very secure ponytail (crown). Take a small section of hair into your hand and apply mousse. (The mousse should make the hair evenly damp, but not to wet that it won't dry once wrapped around the curler.) Wrap around a small sponge curler starting at the end of hair. Wrap all the way to the base of the ponytail. Repeat until all hair is in curlers, the more the better. Hair spray the entire head, blow dry for a few minutes and then sleep on it.

\*If only one hairdo is required, no amount of hair spray or gel is too much! "Slicked back" is supposed to look wet. Wispies are our enemy!

\*A fake ponytail hairpiece also works wonders! They can be purchased online relatively cheap.

### **Low Ponytail w/ Side Part**

(All PreTeen and Teen Tap, Jazz and Contemporary Classes):

A straight ponytail near the bottom of the head slicked back from a right side part

What you will need:

Gel, a comb, hair elastic, hair spray

What to do:

Hair should be dry and straightened with a straightening iron. Apply gel generously to all hair at the roots, paying special attention to the wispies (if she has them). Part hair directly above the center of the dancer's right eye. Slick the hair back into a low ponytail.

### **Low Bun w/ Side Part**

(All PreTeen and Teen Ballet Classes):

Follow instructions for Low Ponytail w/ Side Part, then wrap ponytail into a bun and secure with a hair net and bobby pins.

## Make Up Tips

These are purely suggestions © We do not require that kids wear make-up, HOWEVER, it truly does help you see their faces under the hot stage lights. At the minimum, we suggest lipstick, eyeliner and mascara.

\*Start with a clean face and hair already done. Follow these steps in order...

**Foundation:**

Only use foundation if she has any blemishes or blotchy spots on her face. Choose a color close to or lighter than her natural skin color. Blend well into the neck so she doesn't look like she's wearing a mask. You can use a green stick to cover up particularly red areas. Then cover with skin color foundation.

**Eye Shadow:**

Eye shadow is optional, but does help pop out the eyes. Start with a lighter color over the entire lid. Use a darker color in the crease. Dark colors are great for stage. No baby blue or light pink!

<b>Eye Liner:</b>	It doesn't matter if you use liquid or pencil eyeliner, as long as it's dark. Apply a thick line above the top lashes and below the outer bottom lashes.
<b>Mascara:</b>	Any kind of mascara is fine. Do the bottom lashes first if she has enough. Then, have her blink her top lashes onto the brush a million times. When you think she has enough on, keep going.
<b>Blush:</b>	Choose a mauve, red, or brown color blush. Pinks do not show up very well on stage. Cream based blushes tend to stay on longer without reapplication. Have her pucker her lips, and apply blush from upper cheekbone towards lips in a downward stroke. Blush should be darker at the cheekbone, lighter towards the lips.
<b>Lip Liner:</b>	RED or Dark Mauve! Start with very dry lips. Apply a thick line on her normal lip line. Do not go all the way to the crease of her lips-she will look like she's wearing wax lips.
<b>Lipstick:</b>	RED or Dark Mauve! Start with very dry lips. Apply to lips trying to avoid any inside area that will touch her teeth. Cover with a clear lip-gloss or vasoline. Use a permanent lipstick only if you are comfortable with applying it-since it is permanent, it will stay where you put it.

## Picture Week

- ★ Arrive at the studio 15 minutes before your assigned picture time which can be found on the website. Have your hair and make up already done (if possible).
- ★ Check in at the lobby to receive dressing room assignments.
- ★ Go to classrooms and STAY IN YOUR ASSIGNED ROOM until your class is called.
- ★ All dancers will be asked to participate in the group picture, but individual pictures are optional. Purchase of pictures is also optional and you WILL get to see proofs before you buy.
- ★ Do not sew any straps or make any adjustments to your costumes BEFORE Picture Day. Use pins for now until you see how it has been decided for the class.
- ★ If you are late, you may miss the group picture, but you are welcome to sit for individuals.
- ★ There will be no class during picture week.

## Rehearsals

- ★ Rehearsals are at Apex Friendship HS a few days before the show. You can find the full schedule on our website or at the studio.
- ★ Do NOT wear your costume to your rehearsal. It is a tech rehearsal only... no need to loose parts a few days before the show. DO BRING ALL OF YOUR DANCE SHOES.
- ★ Arrive at Apex Friendship HS at your designated time and find your assigned waiting area.
- ★ DO NOT BE LATE! We are always on time and must keep to a tight schedule.
- ★ You are welcome to video tape and take as many pictures as you like during rehearsal.

## Recital Day

- ★ Arrive at Apex Friendship HS 30 min. before your show time. Be dressed & ready for your first dance.
- ★ Dads participating in the Daddy dance should meet ON STAGE 30 minutes prior to show time for a final run through.
- ★ Be sure to familiarize yourself with the facility during rehearsals the week before.
- ★ Drop off all dancers at the backstage dressing room. You should find your class and the backstage teacher or assistant assigned to it.
- ★ NO FOOD should be brought backstage to protect all our dancers from food allergies. Dancers may have water bottles only.
- ★ Boys will have a special dressing room and holding area.
- ★ Because we will be producing a professional video of the show, no video taping will be allowed during the show. Only non-flash photography will be allowed.
- ★ Mothers are welcome to go backstage to help dancers change between numbers. Please do so quickly and return to your seat. Backstage teachers and assistants will take it from there.
- ★ If you need to leave the auditorium for any reason, please do so in between dances out of respect for the dancers and those trying to enjoy the show.
- ★ After the show, all dancers should be picked up in the backstage dressing room.
- ★ Please keep in mind that we have many shows running back to back. All areas should be kept clean and tidy and dancers should quickly collect their things and find their way out of the dressing areas to make room for the next show.
- ★ **Relax and enjoy the day!**

## Other Important Information

- ★ In order to help dancers practice their routines at home, we will be producing practice videos of most classes and putting them on our website. These videos will be available after May 1<sup>st</sup>.
- ★ You can also come to class and video tape if you'd like- just let your teacher know at the beginning of class.
- ★ All dancers (with the exception of some Hip Hop classes) are required to have tights. You may order them at the studio for a short period. After that period you can get them at Releve Dancewear in Cary. You may wear tights from previous years if they still fit.
- ★ All seats at the show are assigned, so arriving early is not necessary. Doors will open 30 minutes before each show.
- ★ Flowers will be available for pre-order and possibly the day of the show. Flowers are a great way to congratulate your dancer on show day.
- ★ Each year we produce a full color yearbook to commemorate another amazing dance year at APA. You can even purchase a special message for your dancer. We only accept PRE-ORDERS for yearbooks, so be sure to order yours as soon as possible.
- ★ **If you have ANY questions, please call the studio or check the website. Most of the recital information is on the website under the RECITAL TAB at the top of the homepage.**